# पूर्वोत्तर इंदिरा गांधी क्षेत्रीय स्वास्थ्य एवं आयुर्विज्ञान संस्थान, शिलांग NORTH EASTERN INDIRA GANDHI REGIONAL INSTITUTE OF HEALTH & MEDICAL SCIENCES, SHILLONG



(भारत सरकार, स्वास्थ्य एवं परिवार कल्याण मंत्रालय, स्वायत संस्थान)
(An Autonomous Institute, Ministry of Health and Family Welfare, Government of India)
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No.NEIGR/Prin/2014/07

### CIRCULAR

The Department of Medical Education, NEIGRIHMS is conducting Orientation Programme for the 1<sup>st</sup> year MBBS students on 27<sup>th</sup> October, 2015 (TUESDAY) at Lecture Theatre –2.

All concern students are directed to attend this programme.

Student Registration to this Programme is compulsory & Complimentary. Hon'ble Director of NEIGRIHMS will address the students & speakers at 9:00 AM at the beginning of this Programme.

The 1<sup>st</sup> year MBBS classes are hereby suspended from 9:00 A.M. onwards on 27<sup>th</sup> October, 2015.

(Dr. A. Santa Singh) Principal Medical College

No.NEIGR/Prin/2014/ 07 Copy to:

Dated 20<sup>th</sup> October, 2015

- 1. PA to the Director, NEIGRIHMS for kind information of the Director.
- 2. P.A. to the Dean, NEIGRIHMS for kind information of the Dean
- 3. PS to the Deputy Director (Admn), NEIGRIHMS for kind information of the Deputy Director.
- 4. Dr. A. Mishra, Chairman Medical Education Unit, NEIGRIHMS for kind information.
- 5. Dr. Md. Yunus, Co-ordinator Medical Education Unit, NEIGRIHMS for kind information
- 5. Concerned HOD/HOD/HOD in-charge, NEIGRIHMS for information.
- 7. Pynhun Sutnga, DPA for uploading in the Institute website
- 8. Hostel Notice board

(Dr. A/Santa Singh)
Principal Medical College

## DEPARTMENT OF MEDICAL EDUCATION

### ORIENTATION PROGRAMME FOR FIRST YEAR MBBS STUDENTS-2015

Date: 27<sup>th</sup> October 2015 (Tuesday)

Venue: Lecture Theatre-1 (LT-2), NEIGRIHMS, Shillong Co-ordinator: Dr. Md. Yunus & Dr Himesh Barman



### PROGRAMME SCHEDULED

Timings	Topics	Speakers
8:00 AM to 8:30 AM	Registration	
8:30 AM to 9:00 AM	Introduction & welcome of new MBBS student	Dr. Md. Yunus
9:00 AM to 9:25 AM	The Academic Roadmap of MBBS	Prof. A. Santa Singh
9:25 AM to 9:55 AM	Address by	Director, Dean, Principal & Chairman MEU
9:55 AM to 10:10 AM	Tea/ Coffee	
10:10 AM to 10:35 AM	Tips of effective learning	Dr. Himesh Barman
10:35 AM to 11:00 AM	Grooming, etiquettes and communication skill	Dr. Arup Jyoti Baruah
11:00 AM to 11:25 AM	Rules, regulations and conduct	Dr. Yookarin Khonglah
11:25 AM to 11:50 AM	How to recognise stress and when to seek help	Dr. Arvind Nongpuir
11:50 AM to 12:15 PM	National Health priorities	Dr. Star Pala/Dr. Himashree
12:15 PM to 12:40 PM	Surviving MBBS guidelines!	Dr. Binod Thakur
12.40 PM to 1.10 PM	Working Lunch (Followed by orientation visit of the hospital area)	Accompanied by programme coordinator
1:20 PM to 1:35 PM	Emergency Department (ED)	Dr. Kevin/Dr. Kavitha
1:35 PM to 1:50 PM	Main ICU and operation theatre	Dr. Habib Md. R. Karim
1:50 PM to 2:05 PM	CTVS (Open Heart surgery set up)	Dr. J.P. Kalita/ Mr. Mrinal Mandol
2:05 PM to 2:20 PM	Cath-lab and coronary care unit	Dr. Amit Malviya/Dr. Saha
2:20 PM to 2:35 PM	Medical ward	Dr. Md. Jamil
2:35 PM to 2:50 PM	Surgical ward	Dr. Donkupar/Dr. D. Tongper
2:50 PM to 3:05 PM	Obstetrics and Gynae ward and Labour room	Dr. Kalyani Reddy
3:05 PM to 3:20 PM	Radiology Department -X-Ray, CT, MRI	Dr. Baphyralyne Wankhar
3:20 PM to 3:35 PM	Paediatrics and Neonatology	Dr. Saurabh Duwarah
3:35 PM to 4:05 PM	Microbiology, Pathology and biochemistry lab	Dr. Clarissa J. Lyngdoh, Dr. Eva Marbaniang & Dr. Happy Chutia
4:05 PM to 4:15 PM	Tea/ Coffee (LT-1)	***
4:15 PM to 5:00 PM	Discussion and feedback	Dr. Md. Yunus

(Coordinator for orientation visit of the hospital area – Dr. Star, Dr. Himesh, Dr. Md. Jamil, Dr. Binod, Dr. Himashree, Dr. Kalyani Reddy, Mr. Mike)